

Messy May

Daily-ish journaling challenge

for imperfect creatives

01 starting

02 showing up

03 happy

04 adventure

05 courage

06 freedom

07 cultivation

08 mess

09 spark

10 connection

11 imperfection

12 habit

13 home

14 kindness

15 flow

16 belonging

17 yes

18 documenting

19 less

20 nature

21 words

22 love

23 contrast

24 magic

25 bloom

26 failure

27 mindfulness

28 self

29 serenity

30 awe

31 celebration

#getmessymay @getmessyartjournal